

Policy Guide



Policy No. 123.2

Section PROGRAMS

Title SUDDEN CARDIAC ARREST

Adopted MAY 22, 2018

Last Revised MARCH 19, 2024

POLICY NO. 123.2 SUDDEN CARDIAC ARREST		
Section 1	<p><u>Purpose</u></p> <p>The Board recognizes the importance of ensuring the safety of students participating in the District’s athletic programs. This policy has been developed to provide guidance for prevention and recognition of sudden cardiac arrest in student athletes.</p>	SC 1425
Section 2	<p><u>Definitions</u></p> <p>Athletic activity shall mean any of the following:</p> <ol style="list-style-type: none"> 1. Interscholastic athletics. 2. An athletic contest or competition, other than interscholastic athletics, that is sponsored by or associated with the District, including cheerleading, club sponsored sports activities and sports activities sponsored by school affiliated organizations. 3. Noncompetitive cheerleading that is sponsored by or associated with the District. 4. Practices, interschool practices and scrimmages for all athletic activities, as defined above. <p>A Sudden Cardiac Arrest occurs when the heart stops beating, suddenly and unexpectedly; stopping blood flow to the brain and other organs.</p>	<p>SC 1425</p> <p>Pol. 123</p> <p>Pol. 122</p> <p>Pol. 122</p> <p>Pol. 122, 123</p>

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Section 3	<p><u>Delegation of Responsibility</u></p> <p>Each school year, prior to participation in an athletic activity, every student athlete and their person in parental relation shall sign and return the acknowledgement of receipt and review of the Sudden Cardiac Arrest Symptoms and Warning Signs Information Sheet (123.2-AR-1) that includes information about electrocardiogram testing.</p> <p>The Superintendent or designee shall develop administrative regulations to implement this policy, which shall include protocols for sudden cardiac arrest prevention, education, and management.</p>	SC 1425
Section 4	<p><u>Guidelines</u></p> <p>The District will provide educational information concerning sudden cardiac arrest and information about electrocardiogram testing in the Athletic Handbook, the District website and by any other reasonable means.</p> <p>The District will hold an informational meeting at least annually for all competitors regarding the symptoms and warning signs of sudden cardiac arrest. In addition to the student athletes, such meetings may include persons in parental relation, coaches, other appropriate school officials, physicians, cardiologists, and athletic trainers.</p> <p><u>Removal from Play</u></p> <p>A student who, as determined by a game official, coach from the student’s team, certified athletic trainer, licensed physician, or other official designated by the District, exhibits signs or symptoms of sudden cardiac arrest while participating in an athletic activity shall be removed by the coach from participation at that time.</p> <p>Any student known to have exhibited signs or symptoms of sudden cardiac arrest prior to or following an athletic activity shall be prevented from participating in athletic activities.</p>	SC 1425 SC 1425 SC 1425

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SUDDEN CARDIAC ARREST**

Return to Play

The coach shall not return a student to participation until the student is evaluated and cleared for return to participation in writing by a licensed physician, certified registered nurse practitioner or cardiologist.

SC 1425

Training

All coaches shall annually, prior to coaching an athletic activity, complete the sudden cardiac arrest training course offered by a provider approved by the PA Department of Health.

SC 1425

Penalties

A coach found in violation of the provisions of this policy related to removal from play and return to play shall be permanent suspension from coaching any athletic activity.

SC 1425

References:

PA School Code – 24 P.S. Sec. 1425

Board Policy – 122, 123